



Hanok Stay & Templestay Imagine sleeping on a wooden floor, warmed by traditional ondol heating, or sipping

a cup of tea in the utmost comfort! Come stay overnight in a beautiful hanok, a type of traditional Korean

house with ondol (underfloor heating), wooden floors, a kitchen, and a front yard. Hanok, a word coined to distinguish Korean architecture from Western modern

architecture following the opening of Korean ports to the West, refers to Korean houses built in the country's unique traditional architectural style.

Read on to learn more about the hanok, which reflect Korea's unique cultural heritage.

Templestay

A templestay is a traditional cultural experience program where participants immerse themselves in the daily routines of Buddhist practitioners at a temple, filled with the living, breathing 1,700-year history and culture of Korean Buddhism. Templestays began as a way to promote Korean traditional culture and now represent

the ultimate cultural experience in Korea, lauded by the OECD as an "outstandingly creative and competitive cultural product." Each of the seven major temples in Seoul—Bongeunsa Temple, Geumseonsa Temple, Hwagyesa Temple, International Seon Center, Jingwansa Temple, Jogyesa Temple, and

Myogaksa Temple—offers its own specialized templestay program, giving a broad range of choices to any visitor interested in taking a closer look at temple life. The temples have well-organized systems in place, with English guides readily available whenever needed, to ensure that even non-Korean speakers can enjoy a comfortable templestay experience.

Discover the true beauty of Korea and restore your peace of mind by staying at a traditional Korean temple, where nature, history and culture are alive. One day Templestay

#TempleTour #Da-Seon (Tea Ceremony) #TempleTour #108Prostrations #CopyingSutra #SingingBowlMeditation

Bongeunsa

Thursday Templelife program

Fee: KRW 30,000

Jingwansa

Relish the nature

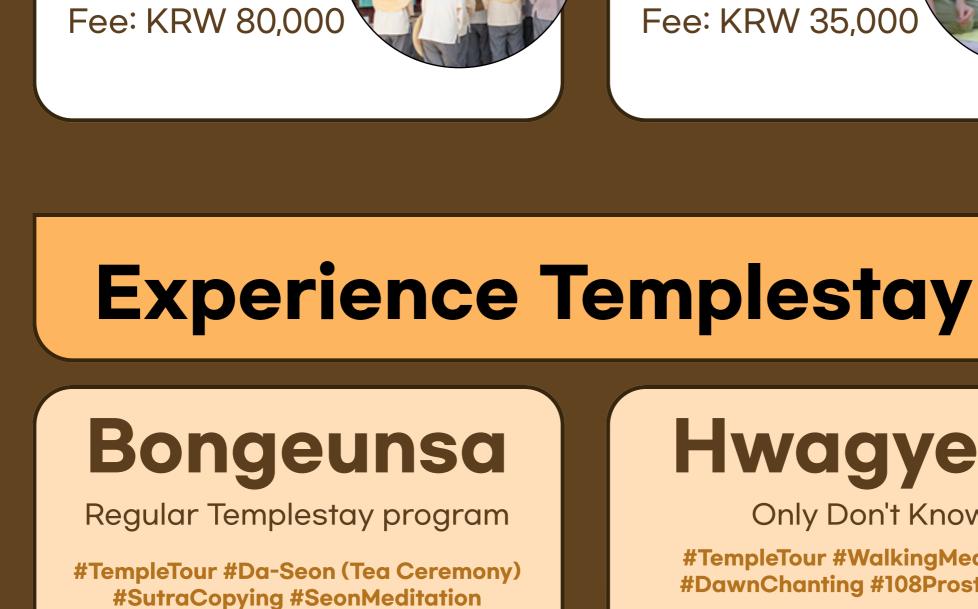
#TempleTour #Da-Seon (Tea Ceremony)

Geumseonsa

2023 Daily Templestay

Fee: KRW 40,000 Myogaksa "Where is your mind?" for one day Templestay **#108Prostrations #Meditation**

#Da-Seon (Tea Ceremony)



#108Prostrations

Fee: KRW 35,000

Hwagyesa

Only Don't Know

#TempleTour #WalkingMeditation

#DawnChanting #108Prostrations

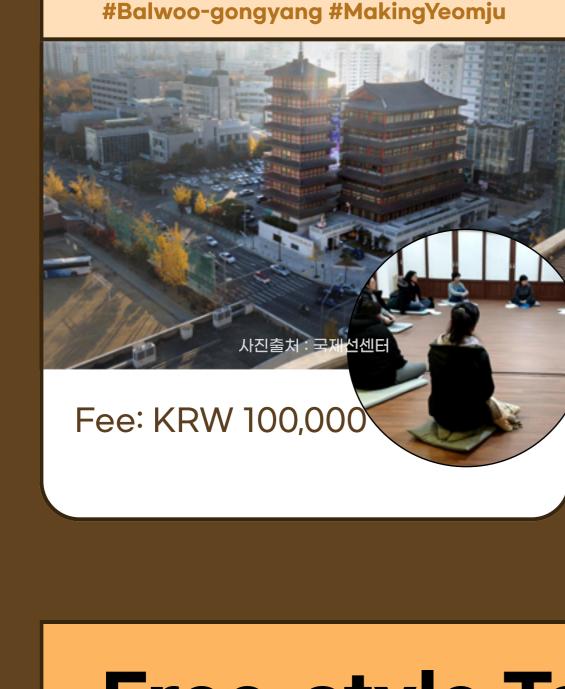
Fee: KRW 90,000

International

Seon Center

Healing Meditation

#TempleTour #Yoga #Singing BowlMeditation



Geumseonsa

Relaxational Templestay (1N2D)

#TempleTour #SingingBowlMeditation

#Chanting

Jogyesa

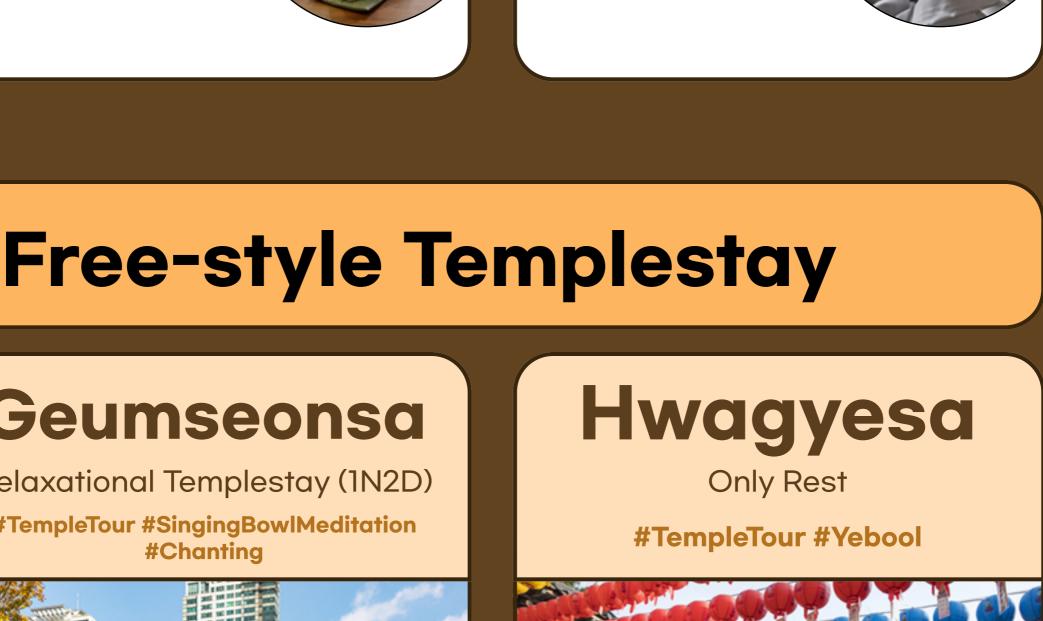
"Round Echo"

Experience Templestay

#TempleTour #MakingPaperLotusFlowers #108Prostrations #SingingBowlMeditation

사진출처 : 화계시

Fee: KRW 60,000



Fee: KRW 80,000

Fee: Fee:

Students KRW 70,000

Jogyesa

"Balance on"

Rest Templestay (1N2D)

Adults KRW 80,000

#TempleTour #PaperLotusFlowerMaking #DawnChanting #108Prostrations

Fee: KRW 60,000



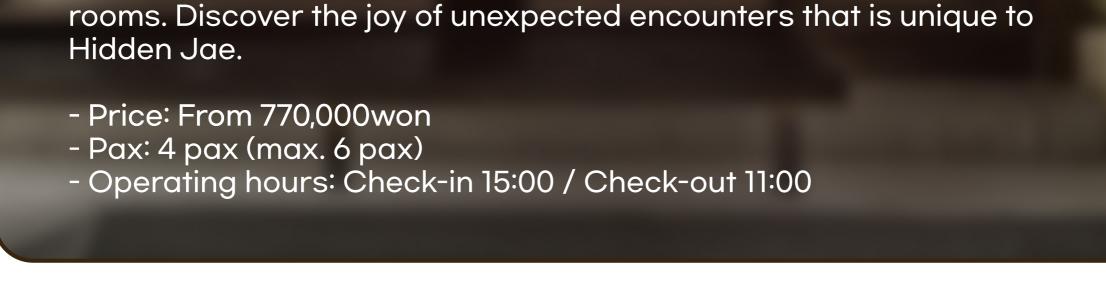
Adults KRW 70,000

Students KRW 60,000



사진출처 : 블루재 Blue Jae is the only Hanok that has the same blue tiles that are used for the Blue House of Korea. Its unique beauty will capture your attention the moment you set your eyes on it. With the perfect union of tradition and modernity, as well as the blend of East and West elements, Blue Jae conveys a sense of luxury through its well-preserved traditional interior, oriental paintings, specially curated antique furniture and contemporary artworks. A soothing soak in the hot tub while gazing at the blue sky will make you forget that Seoul is a bustling city for a moment. Enjoy the blue Hanok that embodies the story of Bukchon over time. -Price: From 1,650,000 won - Pax: 6 pax (max. 8 pax) - Operating hours: Check-in 15:00 / Check-out 11:00

Hidden Jae



Hillo Jae

Found at the end of an alley, the mysterious Hidden Jae presents the

pleasure of discovering an unexpected space. When you open the main

small garden, outdoor jacuzzi, and a mysterious 'cave' hidden in one of the

gate in the middle of the narrow alley, you are greeted by an open sky,

사진출처 : 히든재

* Korean Temple Food Center

- Address: 56, Ujeongguk-ro, Jongno-gu, Seoul

- Hours: Weekdays 9:00–19:00 (Open until 18:00 on weekends)

one-day activities so that participants can make temple food, join in on Balwoo Gongyang (Buddhist meal offering), make dasik (traditional cookies), and have tea with Buddhist monks. If you are interested in Korean temple food, we highly recommend stopping by the Korean Temple Food Center.

- Address: 2F, 39, Yulgok-ro, Jongno-gu, Seoul

* Seoul Sustainable Tourism Conference 2023

- Hours: Tuesdays to Sundays, 9:00–18:00 (Closed on Mondays)

interest in this upcoming event! - Date: November 16 (Thu) - 17 (Fri), 2023

* November 17 (Fri) Seoul Hiking Tourism / Bugaksan Mountain Fam Tour (morning),

(UNWTO), is hosting Seoul Sustainable Tourism Conference 2023 to promote a sustainable

both locals and visitors, provides information and services related to templestays and temple

food. The Templestay Information Center also offer various programs free of charge, such as

The Korean Temple Food Center is Korea's first complex cultural space dedicated to promoting

Korean temple cuisine through diverse exhibitions, activities, and lectures. The center offers

tea sessions with Buddhist monks, wood block printing, and traditional cultural activities.

Traditional Buddhist cultural items are also sold and displayed at the center.

The Seoul Tourism Organization (STO), in collaboration with the World Tourism Organization

- tourism ecosystem. Held under the theme "One Planet: Responsible Consumption and Sustainable Travel," the event will feature conferences on the first day, and on the second day, a "Seoul Hiking Tourism" familiarization tour will be held by STO. We look forward to your enthusiastic
 - Seoul Fam Tour (afternoon) - Venue: Sofitel Hotel Seoul - Attendees: Approx. 100 attendees from Korea and abroad - Inquiries: Manager Lee Do-eun, Global Team 1, Seoul Tourism Organization (delee@sto.or.kr, +82 2-3788-8196)

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